

# How to use Bedside-Care<sup>®</sup> EasiCleanse<sup>™</sup> 8-pack

## Bedside-Care<sup>®</sup> EasiCleanse<sup>™</sup>

Abbreviated instructions for use. Refer to package label for complete product instructions including precautions.

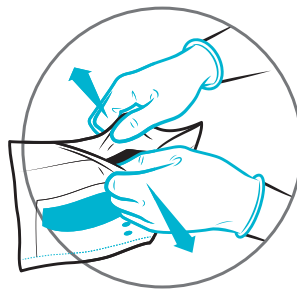
EasiCleanse<sup>™</sup> is a body wash, shampoo, perineal/incontinence/indwelling catheter cleanser in a soft, disposable washcloth. EasiCleanse is suitable for all patient populations.



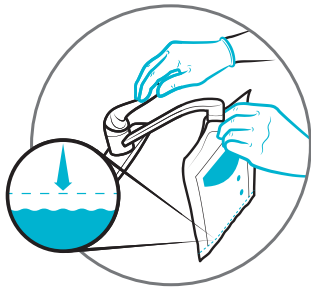
Gather supplies and place a towel under the patient.



Wash your hands thoroughly and put on gloves.



Open the EasiCleanse package.



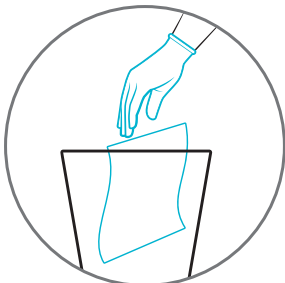
Add warm water up to the blue dotted line.



Massage package until the water saturates all the washcloths.



Use one washcloth for each area of the body and pat dry when finished. If needed, squeeze washcloths to activate more suds.



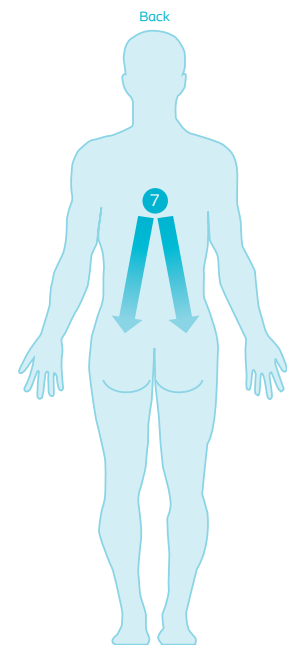
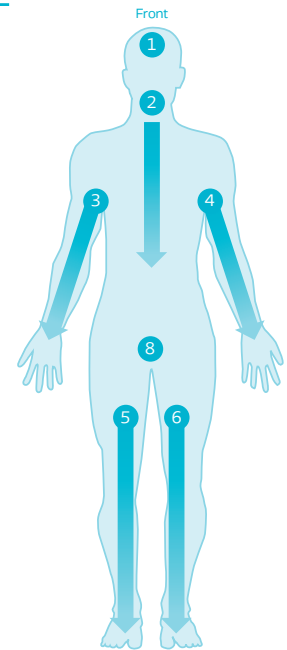
Discard the EasiCleanse package and all washcloths in the trash.



The EasiCleanse bath is complete. Follow your facility's protocol to moisturize and protect the patient's skin.



**Remember:**  
Never flush washcloths in the toilet.



1. Hair
2. Face, neck, chest, abdomen
3. Arm and underarm
4. Arm and underarm
5. Leg and foot
6. Leg and foot
7. Back and buttocks
8. Perineum

## Shampooing (1-2 washcloths):

1. Squeeze the suds out of the washcloths and work through the hair.
2. Gently comb hair to remove any tangles.
3. For thicker or coarser hair, additional washcloths may be needed.



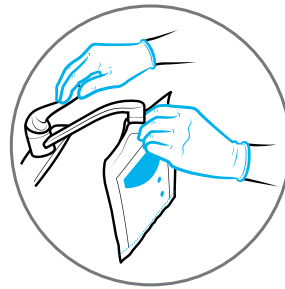
Squeeze suds off washcloth onto head.



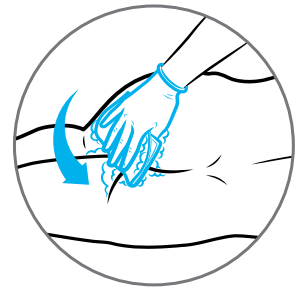
Massage suds into hair.

## Perineal/incontinence cleansing (2-4 washcloths):

1. Remove stool if needed using the underpad or dry EasiCleanse washcloth.
2. Without squeezing, moisten the remaining washcloths under warm water for 1 to 2 seconds.
3. Bring the washcloths to the bedside.
4. Squeeze to make suds and cleanse the perineal area.



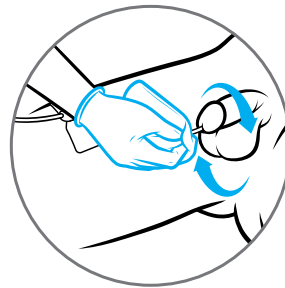
Place EasiCleanse bag under running water.



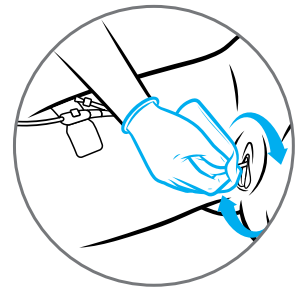
Use cloth to cleanse perineal area.

## Indwelling catheter care (2-4 washcloths):

1. To cleanse the catheter start at or near the urinary meatus and cleanse in a circular motion down the catheter 1 to 2 inches.
2. Grasp the catheter with two fingers to stabilize it.
3. Continue to cleanse down the catheter approximately 10 cm (4 inches).
4. Remove all visible traces of soap.



Cleansing the catheter for males.



Cleansing the catheter for females.

Note: For males, if the patient is uncircumcised, reposition the foreskin after care.